

PASTOR: Fr. Wilfred Gomes

ADMINISTRATOR:

Fr. Vincent Hawkswell

☎ (604) 671-5301

✉ vhawkswell@rcav.org

PARISH DEACON: Dcn. Tony Gray

ACCOUNTANT: Elizabeth Bell

ADMIN ASSISTANT: Cleiser Oliveira

MASS SCHEDULES

SUNDAY MASS:

Saturday 4:30 pm

Sunday 8:30 am, 10:30 am

WEEKDAYS:

Monday - Saturday: 9:00 am

1st Friday: 6:30 pm

CONFESSIONS:

Monday - Saturday: 8:30 - 8:50 am

Saturday: 3:30 pm - 4:15 pm

ADORATION:

Friday: 9:30 am - 4:00 pm

1st Friday of the month

9:30 am - 4:00 pm &

7:00 pm to Saturday 8:00 am

Sign-up sheets located in vestibule

BENEDICTION:

Friday: 4:00 pm

1st Friday : 4:00 pm and the following

ONLINE GIVING OFFERTORY

SCAN WITH MOBILE PHONE OR CLICK
THE QR-CODE



Saint Anthony's Parish

2347 Inglewood Avenue
West Vancouver, BC V7V 1Z9
Tel: (604) 926-6881

Email: parish.sawv@rcav.org

Web: www.stanthonywestvan.com

OFFICE HOURS:

Mon - Fri: 9:30 am - 4:00 pm



FOLLOW US

@stanthonyswv

ST. ANTHONY'S PARISH WEST VANCOUVER

4TH SUNDAY OF LENT

MARCH 10, 2024



PARISH ACTIVITIES & EVENTS

MON — SAT	8:15 AM — 8:30 AM	MORNING PRAYERS
MON	10:00 AM	CATHOLIC FAITH IN PLAIN ENGLISH
TUE	7:00 PM	CHRISTIAN MEDITATION
WED	4:00 PM	MARIAN MOVEMENT CENACLE
WED	6:00 PM	PREP
THU	1:00 PM	CRAFT GROUP
THU	7:00 PM	ALPHA SERIES
THU	7:15 PM	RCIA
FRIDAYS DURING LENT	6:30 PM	MASS
FRIDAYS DURING LENT	7:00 PM	STATIONS OF THE CROSS
FRI	9:30 AM—4:00 PM	ADORATION OF THE BLESSED SACRAMENT
FRI	3:00 PM	DIVINE MERCY
FRI, MAR 17	11:00 AM	DOOR IS OPEN COLLECTION
SAT, MAR 9	9:00 AM	PARISH LENTEN MISSION
SUN, MAR 10	10:30 AM	PARISH STUDENT MASS

PARISH LENTEN MISSION

DATE: Saturday, March 9, 2024

"Lent: A Season of Abundance"

How is Lent a Season of Abundance?

Join the parish family for a morning of

reflection led by;



Sister Maria Serra Garcia, FSE, and Sister John Frances LaFever, FSE.

**The Mission will commence with Mass at 9:00 am, followed by a reflection,
and will conclude with a luncheon in the parish hall.**

Please RSVP to the parish office or email parish.sawv@rcav.org

News in and around the Parish

MASS INTENTIONS

MARCH 11 TO MARCH 17, 2024

Monday, March 11

9:00 am - † Roger Latta

Tuesday, March 12

9:00 am - † Maria Tarsi

Wednesday, March 13

9:00 am - † Ines Rossini

Thursday, March 14

9:00 am - *For the Poor Souls in Purgatory*

Friday, March 15

9:00 am - *Sp. Int. of Anthony Lambert*

Saturday, March 16

9:00 am - St. Philomena

4:30 pm - Parishioners

Sunday, March 17

4th Sunday of Lent

St. Patrick's Day

8:30 am - † Remo Gambioli

10:30 am - *Sp. Int. of Coco Igtos*

40 DAYS FOR LIFE 2024 CAMPAIGN

Choose Life

Evening Zoom Rosary:

Nightly at 8:00 pm until Sunday, March 24, 2024. Register on Behold Vancouver 40 Days For Life Nightly Rosary

MID-WAY RALLY

When: Sun, March 3 at 2:00 pm
Location: Willow St and 32nd Ave
(outside of St. Joseph Residence)
Speaker: Colleen Roy

CLOSING RALLY

When: Sun, March 24 at 2:00 pm
Location: Willow St and 32nd Ave
(outside of St. Joseph Residence)
Speaker: Fr. Mark McGukin



40 DAYS FOR LIFE

St Anthony's Day for the 40DFL vigil date is:

Friday March 22 – 10am-3 pm

Please join us in praying for the end of abortion, sign up for an hour of prayer at the vigil sight, Willow Street and 32nd, or pray in the church.

CWL CORNER

There will be no monthly meeting in March since it would fall during Holy Week. Our next meeting will be April 23rd commencing with 6:30 mass.

SECOND COLLECTION

SUNDAY MARCH 17TH

Share Lent

(National Collection)

This collection helps the Canadian Catholic Organization for Development and Peace (CCODP) fight poverty in third-world countries and foster international justice.

The funds collected are to be remitted to the Archdiocese.

DONATIONS



ALTAR FLOWERS AT EASTER

Beginning this weekend you will find yellow envelopes in each pew. These envelopes allow you to make a donation toward the flowers which adorn the Church during the Easter season.

As always, we thank you for your support and generosity.

ST. PHILOMENA PRAYER GROUP

SATURDAY, MAR 23, 9:30 AM

You are most welcome to join us in the Hobson Room for prayer.

St. Philomena, pray for us!



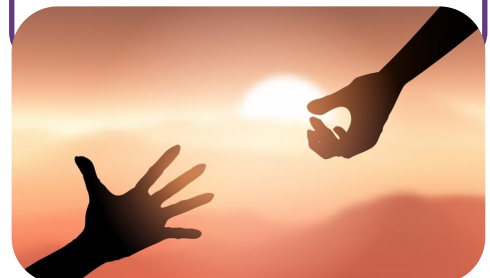
CATHOLIC FAITH IN PLAIN ENGLISH

Catholic Faith sessions every **MONDAY AT 10 AM - 12 PM**

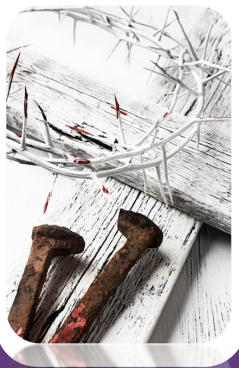
in the hall. Catholics & non-Catholics are welcome to join us even for a few sessions.

Session 26: March 11, 2024

SIN AND FORGIVENESS



News in and around the Parish



FRIDAYS DURING LENT

6:30 PM Mass
7:00 pm Stations of the Cross

Holy week schedule

HOLY THURSDAY - MARCH 28

9:00 am Office of Readings
7:00 pm Mass

(followed by exposition until 10 pm)

GOOD FRIDAY - MARCH 29

9:00 am Office of Readings
11:00 am Stations of the Cross for families
3:00 pm Good Friday Service

HOLY SATURDAY - MARCH 30

9:00 am Office of Readings
10:00 pm Easter Vigil Mass

EASTER SUNDAY - MARCH 31

masses at 8:30 am, 10:30 am

CONFESSION TIMES:

March 25th, 26th and 27th at 8:30 am
& Holy Saturday
from 4:00 pm – 5:00 pm

PRAY FOR OUR SEMINARIANS THIS LENT

*Father, thank You for the generosity of our seminarians. Safeguard them as they prepare for the priesthood. Keep all evil far from them, so they may become strong Christian men who are faithful to prayer, diligent in their studies, open to spiritual direction, and docile to all aspects of seminary formation. Above all, enflame their hearts with love so they will be ardent and gentle shepherds for Your Church. We make this prayer through the great High Priest, Jesus Christ our Lord.
Amen*

Dear Parishioners,

We want to inform you that, moving forward, Fr. Joseph's Sunday Reflection will no longer be included in our weekly bulletin. However, rest assured that we will continue to share these reflections through our Flocknote messages. Additionally, printed copies will be available for those who wish to have them. This decision was made due to space constraints in the bulletin, as we prioritize promoting our own events and important announcements.

We apologize for any inconvenience this may cause and appreciate your understanding.

Sincerely,

The Parish Leadership Team

The Alpha Course

Alpha

Got Questions?

Is there more to life than this?

Does God exist?

What happens next?

Join the adventure

Alpha.org
#TryAlpha

Alpha

DAY: Thursday, March 14

TIME: 6:45 pm - 8:30 pm

Session 4 of 11

COST: FREE

Includes an evening meal. Alpha provides a space to ask all your questions about life, faith, and meaning in a

Registration is EASY:

ALPHA Sign-up Sheets available at the Parish Office or **ONLINE.**

For more information, email:
stanthonywvalpha@gmail.com

SIGN-UP ONLINE

SCAN with mobile phone
or CLICK the QR-CODE



STEWARDSHIP REFLECTION

"For God so loved the world that he gave his only Son..." -John 3:16

Of all the wonderful gifts that God has given to us, the gift of His own Son is truly the greatest. How can we ever thank God for a gift like that? God does not ask us to sacrifice our own precious firstborn, but He does ask that we are grateful and generous with our God-given gifts. That we nurture and develop our gifts, and in gratitude, generously give back with increased time in prayer, our talent in charitable works, and our treasure to support the mission and ministry of our parish and the greater Church.



News in and around the Parish

Spring Food Drive 2024



*"Extending a Hand Up, Not a Hand-Out"
"Helping Families in Need for 30 Years"*

**MAKE YOUR DONATIONS NO LATER THAN
APRIL 5th, 2024**

Check the list of the most needed items on the parish bulletin board.

To make a financial donation to Harvest Project,
scan QR-Code to take you to our Charitable Impact campaign page.

Tax receipt issued for donations over \$20.

www.HarvestProject.org / Charity Registration Number: 140525205RR0001



THE SPIRITUAL EXERCISES IN DAILY LIFE RETREAT FOR YOUNG ADULTS

This is an intensive nine-month retreat geared toward young adults seeking God's will in their lives, with a focus on experiencing God.

Normally, the Spiritual Exercises Retreat takes place intensively over 40 days at a retreat house in silence and isolation. The "Daily Life" format is an adaptation made by St. Ignatius to allow people to pray the retreat whilst continuing their daily lives. A person prays for one hour a day (at home) and they meet weekly with their retreat director to discuss and discern the presence and action of God in the past week's prayer. The retreat also involves attending instructional lectures about prayer methodology and content. The retreat is personalized for each individual, specific to their situation and issues.; Each person gets their own retreat director.

Hosted by the Jesuit Spirituality Apostolate of Vancouver, the Spiritual Exercises has two essential parts, and will start on Tuesday, May 7. Application fee is \$100, with bursaries available. Registration deadline: Thursday, March 14. Register and see the full schedule via beholdvancouver.org/events.



THE PERSONAL CALL TO HOLINESS AND DIVINE MERCY

Everyone is welcome to come and attend the Lenten Mission at St. John the Apostle Parish in Vancouver, led by Rev. Martin Scott, SDM. The mission talks will be held from Monday to Wednesday, March 18-20, preceded by Mass at 6:30 p.m. There will be Confessions at 6:15 p.m.

Padre Martín Scott, formally Rev. P. Ricardo Scott Chavanches, is the founder of the religious community called "Siervos de la Divina Misericordia" in Chosica, Peru. The charism of his religious community life is based on the messages concerning our Lord's infinite Divine Mercy given to Saint Maria Faustina Kowalska.

THE ROLE OF MARY IN SALVATION HISTORY

Father Emmerich Vogt, OP, will reflect on the role of Mary in salvation history. In that context, he will explore what the message of Our Lady of Fatima means for us Catholics today. He will consider what it means for the individual Catholic to belong to a Church which on earth is called "The Church Militant." Practically speaking, how does a Catholic fight against demonic evil?

From Tuesday to Friday, March 19-22, 8:00 a.m. at Saints Peter and Paul Parish in Vancouver. The conference will be preceded by Mass, with time for coffee and crumpets. All are welcome to these Passiontide talks to prepare well for Easter.

Learn more via beholdvancouver.org/events.



WAY OF THE CROSS 2024

Walk the trails of Queen Elizabeth Park in Vancouver while meditating on the Passion of Christ with the Catholic faithful. Hosted by Communion and Liberation, it is a beautiful way to pray and worship together in a public space on Good Friday, March 29. Participants will meet at 10:00 a.m. at the fountain next to Bloedel Conservatory's parking area. Learn more via beholdvancouver.org/events.



RACHEL'S VINEYARD RETREAT

"My tears are of joy and healing and not of sadness anymore. I am free and I am not alone." - Testimonial

Have you forgotten how to laugh and enjoy life? Can you even begin to imagine what that would be like? Did the abortion decision change everything? Come on a Rachel's Vineyard™ Retreat and see what joy-filled tears feel like and be reminded that you are His – always have been and always will be. Join us on the next Rachel's Vineyard Retreat™ from May 24 to 26. For confidential information, call 604.525.0999.

Email: info@pacscanada.org.