

ST. ANTHONY'S PARISH WEST VANCOUVER

PASTOR: Fr. Wilfred Gomes

ADMINISTRATOR: Fr. Vincent Hawkswell

☎ (604) 671-5301 ✉ vhawkswell@rcav.org

PARISH DEACON: Dcn. Tony Gray

ACCOUNTANT: Elizabeth Bell

ADMIN ASSISTANT: Cleiser Oliveira

MASS SCHEDULES

SUNDAY MASS:

Saturday 4:30 pm

Sunday 8:30 am, 10:30 am

WEEKDAYS:

Monday - Saturday: 9:00 am

1st Friday: 6:30 pm

CONFESSIONS:

Monday - Saturday: 8:30 - 8:50 am

Saturday: 3:30 pm - 4:15 pm

ADORATION:

Friday: 9:30 am - 4:00 pm

1st Friday of the month

9:30 am - 4:00 pm &

7:00 pm to Saturday 8:00 am

Sign-up sheets located in vestibule

BENEDICTION:

Friday: 4:00 pm

1st Friday : 4:00 pm and the following morning at 8:00 am



5TH SUNDAY ORDINARY TIME FEBRUARY 4, 2024

5TH SUNDAY REFLECTION

What is it with Jesus and these demons? This is the second weekend in a row in which Jesus tells the demons to be quiet because they knew who he is. While the crowd and even Jesus' disciples are trying to figure out his identity, the demons get it right. They understand that Jesus is the holy one of God. So why doesn't Jesus let them say it? They know the truth. Why not let them proclaim it? Would it not be good marketing for Jesus' ministry to have the endorsement of his enemies that he was truly the Son of God? But Jesus tells the demons to be quiet. He does so because he understands that truth in itself is not enough. As essential as truth is, it is not the whole of discipleship. This is because truth, at times falls short, and it can fall short in at least two different ways. Truth can fall short by being too narrow, and it can fall short by being too isolated.

Truth can fall short by being too narrow. We can know a truth, and it can be powerful, but there can be other truths that we do not see. This is the case with the demons. They know the truth of Jesus' identity, but they do not see that if Jesus is the Son of God, they should submit to him. They know the truth of who Jesus is, but they do not see the truth of who they should be. We can experience narrow truth in our lives. Married couples know this. It is easy to see the truth of what is wrong with our wife or our husband, but it is much harder to see how we contribute to what is wrong on our part. Narrow truth also occurs in political dialogue. Partisan thinkers are convinced that they have the truth of what is going to be good for Canada. They can be right, but they can also be unwilling to listen to a person who sees another truth. When we experience narrow truth, it is important that we proceed with humility and the willingness to listen. Pope Francis is good at this. On many occasions he has insisted that he will not apologize for holding the truth of Jesus Christ. Yet he chooses to approach people of different faiths and even atheists with respect and the willingness to dialogue. He does this admitting that he might learn something that he did not know before.

Truth can fall short by being too narrow. It can also fall short by being too isolated. Truth is most effective when it is part of a relationship. Truth works when it is offered with care and with love. Again, the demons do not have this kind of truth. They know who Jesus is, but they have no desire to be in relationship with him. They do not want to listen to his teaching or serve him. The same can happen in our lives. Parents often know the truth of what is best for their children, but they also know that they have to do more than just tell them the truth. The truth needs to be offered as part of a relationship, as part of a commitment, and with great patience. When we try to help someone who is different from us, perhaps someone who is disadvantaged, we can see the truth of what they should do: this is how they should save their money, this is how they should eat, this is how they should guide their children. But simply telling that truth without respect and compassion for their struggle will produce little effect. The demons know the truth of Jesus' identity, but their truth is too narrow and too isolated. That is why Jesus tells them to keep quiet. But Jesus tells us to speak. Jesus commissions us to proclaim the Good News of God's love to the world. That is why we must speak the truth of God in a way that is open to other truths. That is why we must announce the gospel with respect, patience, and love.

Fr. Joseph ¹



ONLINE GIVING OFFERTORY

SCAN WITH MOBILE PHONE
OR CLICK THE
QR-CODE

Saint Anthony's Parish

2347 Inglewood Avenue
West Vancouver, BC V7V 1Z9
Tel: (604) 926-6881

Email: parish.sawv@rcav.org

Web: www.stanthonywestvan.com

OFFICE HOURS:

Mon - Fri: 9:30 am - 4:00 pm



FOLLOW US

@stanthonyswv

News in and around the Parish

MASS INTENTIONS

FEBRUARY 5 TO FEBRUARY 11, 2024

Monday, February 5

9:00 am - Sp. Int. in Honour of St. Anthony

Tuesday, February 6

9:00 am - Sp. Int. of Hanan Haddad

Wednesday, February 7

9:00 am - Sp. Int. of Anne Field

Thursday, February 8

9:00 am - Sp. Int. of Susan Waldo

Friday, February 9

9:00 am - Sp. Int. of Anne Grant

Saturday, February 10

9:00 am - Sp. Int. in Honour of St. Anthony

4:30 pm - † Francesco Andreola

Sunday, February 11

8:30 am - Parishioners

10:30 am - Sp. Int. of Msgr. Gregory Smith

FEAST OF ST. JOHN BOSCO

JANUARY 31ST

Founder of the Salesian religious order, the beloved priest Don Bosco exemplified deep faith, creative imagination, and profound charity as he cared for Italian orphans. St. John Bosco, pray for us!

Saint John Bosco: Mission to Love

Beautifully filmed in Italy, this epic movie depicts the challenges Don Bosco encountered and overcame—including persecution from secular society and the Church—as he sought to house and educate the homeless youth of Turin

WATCH NOW

SCAN WITH MOBILE PHONE
or CLICK the QR-CODE.



VISIT FORMED.ORG



PASTORAL LETTER ON THE USE OF SOCIAL MEDIA

Today, on the liturgical memorial of Saint Francis de Sales, and with the approval of the Permanent Council, the Episcopal Commission for Justice and Peace of the Canadian Conference of Catholic Bishops (CCCCB) releases its Pastoral Letter on the use of social media titled: "Let Your Speech Always Be Gracious."

Acknowledging the prominent role social media has come to play at an individual and societal level, this timely Pastoral Letter considers the benefits and dangers of social media from the perspective of Catholic Social Teaching. It provides tools for moral reflection and self-examination, and suggests seven commitments by which to be guided for a more ethical use of social media:

- check for accuracy
- seek greater perspective
- value human dignity
- bring curiosity into the conversation
- distinguish between intention and impact
- privilege "in real life" encounters
- tend to our time spent online

The [Pastoral Letter](#) concludes with Discussion Questions to stimulate deeper reflection individually or in group settings.



Catholic Faith in Plain English

Catholic Faith sessions meet weekly in the church hall.

Catholics & non-Catholics are welcome

Join us for a few sessions.

TIME: 10 am - 12 pm

WHEN: Monday, February 5, 2024

WHERE: Saint Anthony's Parish Hall

SESSION 21:

DEATH AND THE END OF THE WORLD

NORTH SHORE PRO-LIFE SOCIETY

North Shore Pro-life Society invites you to attend our free Annual General Meeting :

DATE: Sunday, February 4, 2024

TIME: following 2:30 pm mass

WHERE: Holy Trinity Parish Hall, North Vancouver, BC

GUEST SPKR: Angelina Ireland, *President*
Delta Hospice Society

TOPIC: Protect Each Other from MAiD

For more info or to reserve your spot:

Email: northshoreprolife@gmail.com or

Phone: (604) 980-7189

Protecting Each Other From:

MAiD

MEN'S SHELTER DONATIONS

In addition to hot meals: cookies, squares, muffins, bananas and oranges, sandwiches etc needed. Home made baking would be a real treat and store bought would also be welcome. Delivery at the church parking lot

WHEN: Saturday February, 3rd

TIME 1:00 to 1:30 pm

For more information please contact Nan at nanthomas@shaw.ca

News in and around the Parish

TOGETHER FOR A GOOD MARRIAGE WORKSHOP

One day could change your marriage!
Thousands of couples across Canada have dedicated one day to building a marriage that stays together for good.

In partnership with Family Life Canada, we are offering the Together for Good Marriage Workshop that will give you tools, exercises and guided conversations to help you and your partner grow a healthier, more joy-filled and resilient marriage.

Each session will help you move past differences and drift to a place of greater closeness and trust. You'll strengthen your relationship in the important areas of communication, conflict, sex and spirituality. Discover how incredibly good marriage can be — for you, your family and your community.

DATE: Saturday, March 2

TIME: 9:30 a.m. to 4:00 p.m.

WHERE: Corpus Christi Parish, Vancouver

COST: \$60 per couple

Early bird rate of \$50 per couple has been extended until Monday, Feb 5

Learn more and register via beholdvancouver.org/events.

SPIRITUAL REFLECTION

"Rising very early before dawn, he left and went off to a deserted place, where he prayed...He told them, 'Let us go on to the nearby villages that I may preach there also. For this purpose have I come.'" -Mark 1:35, 38

In today's Gospel reading we see a perfect example of stewardship. Jesus gives His time to do all that God wishes - healing the sick and preaching. But before He begins, Jesus takes time to be alone with God in prayer. It is through prayer, spending time with God, that we are given the graces needed to do what He wishes us to do. Praying before acting is a great habit to develop.

Copyright © 2024 Archdiocese of St. Louis

SECOND COLLECTION THE BC CATHOLIC

This Sunday's second collection supports our parish in the circulation of the official newspaper of the Archdiocese of Vancouver, helping defray the costs of distribution. You can make your tax-deductible donation in-person at the parish or **online at**

rcav.org/second-collection

CWL CORNER

A BEGINNING OF ANOTHER WONDERFUL YEAR

Annual Membership Fees are due and can be paid (cash or cheque):

DEADLINE: Last week of February

FEES: \$45 or \$60**

**includes Domestic Abuse Services (DAS) membership.

The CWL Annual Weekend Retreat is coming.

THEME: The Last Seven Words of Christ

WHEN: March 15 to 17, 2024

WHERE: Westminster Abbey, Mission, BC

COST: \$190 per person

RT LEADER: Dcn. Tony & Wendy Gray

CONTACT: Pat Battensby

604 926 4291 pwbatts@shaw.ca

Forms are available on the bulletin board outside the office.

For all inquiries email us at saintanthonycwl@gmail.com

The Alpha Course

Alpha

DATE: February 22 to May 9, 2024

DAY: every Thursday

TIME: 7:00 - 8:30 pm

LENGTH: 12 weeks

COST: **FREE**

Alpha provides a space to ask all your questions about life, faith, and meaning in a friendly environment.

Each Alpha session includes a short video, time to connect over a meal, and plenty of time to explore and share or listen. Meet new friends.

Got Questions?

Is there more to life than this?

Does God exist?

What happens next?

Join the
adventure

Alpha.org
#MyAlpha

Alpha

Registration is EASY:

Through one of the **ALPHA Sign-up Sheets** available at the church or office or **ONLINE**.

SIGN-UP ONLINE

SCAN WITH MOBILE PHONE
or CLICK the QR-CODE



For more information, email:
stanthonywvalpha@gmail.com

PROJECT ADVANCE 2023 Empowering our Parish Vision

As a community, we thank all parishioners who donated to the 2023 PA appeal.

Through your generosity we raised \$93,099.40. After paying \$33,600 to the Archdiocese to support its essential services to our broader community and our portion of the PA expenses (\$2,894.56) we raised \$56,604.04 for our own parish projects.

The parish projects that were funded in whole or in part by PA included: a new organ, significant and necessary upgrades to the rectory, replacement of the failing staircases on the exterior of the church, support for CHARM, a new phone system for the parish office and rectory and the electric drop-down screen in the church. These projects could not have been undertaken without the generosity of our donors.

Thank you everyone. May God bless.

News in and around the Parish

PARISH ACTIVITIES & EVENTS

MON — SAT	8:15 AM — 8:30 AM	MORNING PRAYERS
MON	10:00 AM	CATHOLIC FAITH IN PLAIN ENGLISH—SESSION 21
TUE	7:00 PM	CHRISTIAN MEDITATION
WED	4:00 PM	MARIAN MOVEMENT CENACLE
WED	6:00 PM	PREP
THU	1:00 PM	CRAFT GROUP
THU	7:00 PM	ALPHA SERIES (STARTS FEBRUARY 22, 2024)
THU	7:15 PM	RCIA
FRI	9:30 AM—4:00 PM	ADORATION OF THE BLESSED SACRAMENT
FRI	3:00 PM	DIVINE MERCY

ST. ANTHONY'S 100 YEAR PHOTO DIRECTORY

We have one more week of photo sessions for our Parish Photo Directory. We strongly encourage everyone's participation so that our Centennial Year Photo Directory becomes not only a useful resource, but also a special memory of our parish family at the time of St. Anthony's 100th anniversary.

Appointments can be made via signup sheets, email, or call the parish office. We will also have volunteers after all weekend Masses for the next two weeks to assist with photo session appointments. Everyone who books a photo session will receive a copy of the directory. There is NO obligation to purchase additional photos.

MONDAY, FEBRUARY 5, 2024	3:30 PM — 7:30 PM
TUESDAY, FEBRUARY 6, 2024	12:00 PM — 7:00 PM
THURSDAY, FEBRUARY 8, 2024	12:00 PM — 7:00 PM

PARISH OFFICE CORNER

SUNDAY OFFERING ENVELOPES

If you have not received it, it is available for you in the vestibule.

Unable to find your envelope or prefer paperless & online, please

CONTACT PARISH OFFICE



TAX RECEIPTS 2023

Parish and Project Advance donation tax receipts is in process. We will provide you with updates and details on the upcoming bulletin.

ST. ANTHONY'S CHRISTIAN MEDITATION

St. Anthony's Christian Meditation group will meet in the church on the following days and time:

DATE: February 6 -to- March 26

DAY: every Tuesday

TIME: 7:00 pm

WHERE: St Anthony's Church



COUPLES WEEKEND GETAWAY

We are excited to partner with **Family Life Canada** to offer weekend getaways to married couples in the Archdiocese of Vancouver!

The Weekend Getaway is a marriage conference uniquely designed to enrich your relationship. For most couples, it's a chance to reconnect, re-establish the foundation, and rekindle romance. For others, it's a fresh start. For some, it will be the weekend that saves a marriage.

Wherever you're at in your relationship, this retreat will be a weekend to remember.

The atmosphere will be relaxed, warm and fun! You'll hear from real couples doing real life together ... God's way. You'll be given time to process what you're learning. And together, build a joyful marriage that lasts a lifetime.

The next getaway is on the weekend of:

DATE: February 16—18, 2024

WHERE: Fairmont Empress, Victoria, BC.

CONFERENCE PRICE: \$199

USE PROMO CODE

RCAVVIC

WITHOUT CODE IS \$299

Accommodations are not included and should be booked separately.

We have a **SPECIAL** room rate for conference participants at the Fairmont Empress Victoria at a price from \$209/night before January 26th. Rates may vary thereafter.

CONFERENCE REGISTRATION DEADLINE:

Wednesday, February 14, 2024

For more information contact: Joyce 604-683-0281 ext. 223 or visit beholdvancouver.org/events