



# St. Anthony's Parish West Vancouver

23 Sunday in Ordinary Time  
September 10, 2023

**Pastor: Rev. Wilfred Gomes**

[wgomes@rcav.org](mailto:wgomes@rcav.org)

**Parish Deacon: Dcn. Tony Gray**

**Accounting: Isabella Raynard**

**Adm. Assistant: Cleiser Oliveira**

## SUNDAY MASSES

SAT 4:30 pm  
(anticipated mass)  
SUN 8:30 am | 10:30 am

## DAILY MASSES

MON — SAT 9:00 am  
1ST FRIDAY 6:30 pm

## CONFESSIONS

MON — SAT  
8:30 am—8:50 am  
SAT 3:30 pm—4:15

## MASS INTENTIONS

**Monday, September 11**

9:00 am - *Sp. Int. of Margarete Mertes*

**Tuesday, September 12**

*The Most Holy name of Mary*  
9:00 am - † Janet Brown

**Wednesday, September 13**

*Saint John Chrysostom*  
9:00 am - † Fred Fernandez

**Thursday, September 14**

*The Exaltation of the Holy Cross*  
9:00 am - † Ed Hauser

**Friday, September 15**

*Our Lady of Sorrows*  
9:00 am - † Anita McDermott

**Saturday, September 16**

*St. Cornelius & St. Cyprian*  
9:00 am - In Honour of St. Philomena  
4:30 pm - † Mel Battensby

**Sunday, September 17**

*24<sup>th</sup> Sunday in Ordinary Time*  
8:30 am - *Sp. Int. of Ivy Wei*  
10:30 - Parishioners

## PARISH ACTIVITIES & EVENTS

**SAT—SEP 9<sup>TH</sup> 9:30 AM St. Anthony's Spiritual Adoption Birthday**

**SAT—SEP 9<sup>TH</sup> 9:30 AM Welcoming Ministry Meeting**

**TUE—SEP 14<sup>TH</sup> 7:00 PM ALPHA TRAINING SESSION**

**WED—SEP 20<sup>TH</sup> 6:00 pm First Day of PREP**

**TUE—SEP 21<sup>ST</sup> 1:00 PM CRAFT GROUP IS BACK**

**TUE—SEP 26<sup>TH</sup> 6:30 pm CWL mass & Meeting**

**SAT—SEP 30<sup>TH</sup> 9:30 AM EMHC Meeting**

MON — SAT 8:15 am — 8:30 am Morning prayers

MONDAYS 10:00 am Catholic Faith in Plain

TUESDAYS 7:00 pm Christian Meditation (*starting Sep 19<sup>th</sup>*)

WEDNESDAYS 4:00 pm Marian Movement Cenacle

WEDNESDAYS 6:00 PM PREP (Starting Sep 20<sup>th</sup>)

THURSDAYS 1:00 pm Craft Group (*starting Sep 21*)

THURSDAYS 7:00 pm RCIA (*Starting Sep 21*)

FRIDAYS 9:30 am—4:00 pm Adoration of the Blessed Sacrament

FRIDAYS 3:00 pm Divine Mercy

3<sup>RD</sup> SATURDAYS 9:30 am ~~St. Philomena Prayer Group~~  
*Cancelled in September*

3<sup>RD</sup> SATURDAYS 6:30 pm Charismatic Prayer Group

**PROJECT  
ADVANCE  
2023**

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Follow us on Instagram: @stanthonyswv

**ONLINE GIVING OFFERTORY:**

**CLICK HERE**

# News in and around the Parish

## THE ALPHA COURSE

Alpha

### Alpha at St. Anthony's

Alpha at St Anthony's is starting on

**Thursday, October 5  
at 7 pm!**

Alpha provides a space to ask all your questions about life, faith, and meaning in a friendly environment. Each Alpha session includes a short video, time to connect over a meal, and plenty of time to discuss.

**Join us and make new friends at the parish! Bring a friend!**

To register go

[Alpha Registration Form](#)

**Or use the QR code below.**

Watch this video to learn more! [What is Alpha?](#)

Would like to volunteer? Find out how at our ALPHA training session on

**Thursday, Sep 14  
At 7 pm!**



## SUNDAY REFLECTION

Today's first reading from Ezekiel and the gospel remind us that we have an obligation to confront those who are doing wrong. Jesus tells us that if a brother or sister sins against us we are first to go to that person alone and resolve the matter. That is easy to say, but difficult to accomplish. How often have we tried to point out to someone we love that they are doing something that could hurt someone else, only to find that they ignore our suggestions and will not listen. So, if we have an obligation to confront a wrongdoer, how can we do this in a way that is successful?

We could learn from a tradition common among some African tribes. When a young woman of those tribes discovers that she is pregnant, she goes out into the wilderness with some friends to pray and listen. They listen for the song of the child who is about to be born. These tribes believe that every person has a song that captures his or her unique beauty and worth. Once the women hear the song, they start to sing it aloud. Then they return to the village and teach it to everyone else. At the birth of the child, they sing the song. When the child becomes an adult, the song is sung again. It is also sung at marriage and at death. There is one other time when the song is sung. When a member of the community falls, commits a crime, or hurts someone in a deep way, then the village gathers around that person and again sings his or her song. This is done because the tribe believes that antisocial behaviour is not corrected through punishment, but instead when people reclaim their own true self and dignity. They are convinced that if a person can hear his or her own song and its goodness, there will no longer be the need or desire to hurt anyone else.

Here is what we might learn from this African tradition. If we see someone who is doing wrong, someone who needs correction, we should remember that we might not be the person to "turn that person around". We could then ask, "who is?" Who is the person who knows that person's heart, and could speak to that person's true self? We all respond to correction better if it comes from someone who knows us: someone who can reflect our beauty when we feel ugly, someone who can reflect our innocence when we feel guilty, someone who can remind us of our wholeness when we feel broken or of our purpose when we are confused. When we see someone who needs to be corrected, we should ask, "Who has the authority to speak?" It might be a grandfather, a favourite aunt, or a childhood friend. We might go to that person and say, "You really need to talk to Charlie. You know his heart, and he needs to find it again."

Jesus calls us to correct those who do wrong. Remember that correction is not laying down the law, but is surrounding a person with love. Therefore, sometimes the best way to follow Jesus' command is to find the person who knows another person's heart, who knows the person's song and can sing it. Then it may become possible for the wrongdoer to reclaim his or her true self and choose life again.

Fr. Joseph

# News in and around the Parish

## PERMISSIVE PROPERTY TAX EXEMPTION

A big thank you to all who attended the Community Grants Committee meeting last week in support of St. Anthony's.

**The next meeting will be even more important to attend.**

Please come to the Finance and Audit Committee Meeting as follows:

**Monday, September 11, 2023 at 2:00 pm**

**Council Chamber at the Municipal Hall**

**750 17th Street, West Vancouver**

**It is very important that as many parishioners as possible attend in support of our application!**

Link to meeting notice can be found

**[HERE](#)**

## PREP REGISTRATION

Registration for our parish religious education program (PREP), providing religious education for children in Grades 1-7 not attending Catholic school, is open. Classes will be held at the parish on Wednesdays from 6-7:15 p.m. starting on September 20 and continuing every Wednesday while school is in session. We look forward to welcoming you and your family!

To register please click

**[HERE](#)**

If you are interested in becoming a PREP teacher, please email Rev.

Wilfred Gomes at

[parish.sawvv@rcav.org](mailto:parish.sawvv@rcav.org)



A big thank you to everyone for coming to the Parish Picnic and making the event a success! The desserts were all amazing, and so fun to sample.

A big thank you to: Christine, Michelle, Mary, Angela, Sofi, Ting, Caroline, Faith, Andrew, Elizabeth, Randy, Rita, Winfred, Zdravko, Giovanni, Lyndon, Tess, Christine, and Tom for all their hard work.

## ANTHONY'S SPIRITUAL ADOPTION BIRTHDAY

**SAT, SEP 9<sup>th</sup>, AT 9:30 AM**

The nine-month parish spiritual adoption program is concluding. All are welcome to the "birthday" party after the morning Mass on Saturday, September 9th. Come for fellowship. Donations are welcome to the North Shore Pro-Life Society (NSPL),

## FUNERALS AT ST. ANTHONY'S

It's with great sadness that we inform you of the funerals held at St. Anthony's this week.

- Anna Prange - Sep 7<sup>th</sup>
- Kevan Karstunen - Sep 8<sup>th</sup>

Our deepest condolences and prayers for the families.

## CWL

## CENTENNIAL THRIFT SALE

**SATURDAY, SEP 16  
FROM 10:00 AM TO 2:00 PM**

Don't miss our amazing thrift sale! Donate your gently used items and help us make a difference in the world. We accept donations from

**SEPTEMBER 11<sup>th</sup> AFTER 9:30 A.M.  
UNTIL SEPTEMBER 15<sup>th</sup> AT 1:00 PM**

We appreciate your generosity and support for our local community in need.

We are looking for:

**CLOTHING:** All ages and sizes, clean and good condition

**COLLECTIBLES:** China, tea cups, platters, figurines, etc.

**JEWELLERY:** Fine and costume, bracelets, earrings, necklaces, watches, etc.

**HOUSEWARES:** Dishes, glasses, baking trays, cutlery, etc.

**LINENS:** Bedding, pillowcases, blankets, etc.

**TOYS/GAMES:** Lego, puzzles, boardgames, cards, stuffed animals, dolls, action figures, cars, etc.

**BOOKS:** Fiction, non-fiction, thrillers, bestsellers, artbooks, , etc.

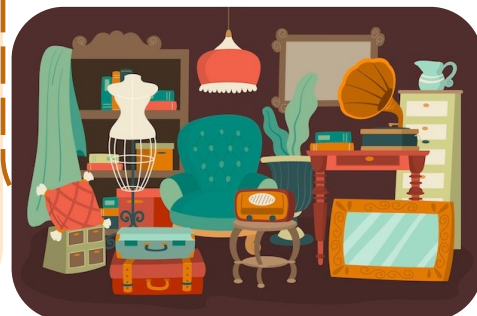
**HOME DECORATIONS:** Vases, artwork, mirrors, knickknacks, etc.

**ART:** Paintings, prints, etc.

**ODDS/ENDS:** Golf gear, fishing gear, tools in good condition, etc.

**DUE TO LIMITED SPACE, PLEASE NO FURNITURE OR ELECTRONICS**

Come and shop for great bargains and treasures at our thrift sale!





# News in and around the Parish

## JOHN PAUL II'S THEOLOGY OF THE BODY COURSE

Do you want to explore more on Theology of the Body, led by local experts? How is the human body a path unto God? In what ways do we, as sexed creatures, noun and verb, participate in the life of God?

St. John Paul II's profound theological anthropology, famously known as a theology of the body, provides a response to these questions. Join Dr. Andrew Kaethler, Dr. David Henderson, and Dr. Carly Henderson and put out into the deep (*duc in altum*) with St. John Paul II's profound vision of the human person.

Sessions are every other Thursday evening beginning Oct. 5 and ending Nov. 16 from 7:00 pm - 8:00 pm at the John Paul II Pastoral Centre in Vancouver. Cost is \$100.

Register online at [beholdvancouver.org/events](https://beholdvancouver.org/events)



## WORLDWIDE MARRIAGE ENCOUNTER

Rekindle the romance, remind yourselves why you fell in love and learn how to make a good marriage even better! WWME is offering a weekend marriage retreat this fall.

**Oct. 27-29, 2023.**

For more information email Randy and Elizabeth from our parish at [reholman@telus.net](mailto:reholman@telus.net)

**Early bird special before Sept. 5.**

Registration closes Oct. 17, 2023

You both deserve it!

**Click HERE to register**

## RED MASS AND DINNER 2023

The Red Mass is celebrated in honour of the legal profession as a vocation in the service of justice and the common good.

The Mass will be celebrated by Archbishop Michael Miller, CSB, at Holy Rosary Cathedral on Thursday, September 14, at 5 p.m., followed by dinner at 6:30 p.m. at Terminal City Club in Vancouver. Cost for the dinner is \$150. Learn more and register at

[beholdvancouver.org/events](https://beholdvancouver.org/events).



## UPPER ROOM CONFERENCE 2023: LAST CHANCE TO REGISTER!

Proclaim's Upper Room conference connects hundreds of Catholics in pursuit of transforming their parishes into missionary outposts. Join us on Saturday, Sep 23, from 8 a.m. to 6 p.m. at Pacific Academy in Surrey. Cost is \$75, inclusive of food and two breakout sessions.

Parking is free. To qualify for a \$10-discount, simply gather a group of 8 or more people and register together with a parish coupon code.

Learn more and register at [upperroomvancouver.com](https://upperroomvancouver.com).

## SECOND COLLECTION: HEALING & RECONCILIATION SEP 9-10, 2023

This weekend's second collection is for Healing and Reconciliation. Your tax-deductible gift to this collection will continue to support our Indigenous brothers and sisters.

Learn more and donate today: [rcav.org/healing-and-reconciliation](https://rcav.org/healing-and-reconciliation)

Thank you for your generous support!

## ST. THOMAS AQUINAS SCHOOL CORNER

**Thursday, September 21**

Bring your own equipment to enjoy: basketball, skateboarding and pickleball. Watch for the complimentary registration link for catering purposes. We can't wait to see you there!

The STA Alumni Association, in conjunction with STA Campus Ministry, is hosting a pilgrimage to the Medjugorje Youth Festival and Italy from July 22nd - August 8th, 2024. All STA alumni and their families (18+) are invited to join. Find more information at:

<https://www.aquinas.org/alumni>



## IF I UNDERSTOOD SYNODALITY, WOULD I HAVE THIS LOOK ON MY FACE?

Following his recent article of the same name, Curtis McKenzie, SJ, explores the development of synodality and what it might mean now as Pope Francis invites us into a renewal of synodality for the next millennium.

On Tuesday, September 12, at 4:00 p.m. via Zoom. The session, which includes a Q&A segment and a recording will be available for registrants. Learn more and register at [beholdvancouver.org/events](https://beholdvancouver.org/events).

