

# St. Anthony's Parish West Vancouver

19 Sunday in Ordinary Time  
August 13, 2023

**Pastor: Rev. Wilfred Gomes**  
[wgomes@rcav.org](mailto:wgomes@rcav.org)

**Parish Deacon:** Dcn. Tony Gray  
**Accounting:** Isabella Raynard  
**Adm. Assistant:** Cleiser Oliveira

## PARISH ACTIVITIES

MON — SAT	8:15 am — 8:30 am	Morning prayers
TUE	7:00 pm	Christian Meditation <i>(back in September)</i>
WED	4:00 pm	Marian Movement Cenacle
THU	7:00 pm	RCIA <i>(back in September)</i>
FRI	9:30 am — 4:00 pm	Adoration of the Blessed Sacrament
FRI	3:00 pm	Divine Mercy
1ST FRIDAY	7:00 pm	Holy Hour
3RD SAT	9:30 am	St. Philomena Prayer Group
3RD SAT	6:30 pm	Charismatic Prayer Group <i>(back in September)</i>

## SUNDAY MASSES

SAT 4:30 pm (anticipated mass)  
SUN 8:30 am | 10:30 am

## DAILY MASSES

MON — SAT 9:00 am  
1ST FRIDAY 6:30 pm

## CONFESSIONS

MON — SAT 8:30 am — 8:50 am  
SAT 3:30 pm — 4:15 pm

**ONLINE GIVING OFFERTORY:**

**CLICK HERE**

2347 Inglewood Ave., West Van, Tel: (604) 926-6881  
Email: [parish.sawv@rcav.org](mailto:parish.sawv@rcav.org) / [www.stanthonywestvan.com](http://www.stanthonywestvan.com)  
Follow us on Instagram: @stanthonyswv

# News in and around the Parish

## MASS INTENTIONS

**Saturday, August 12**

9:00 am - *Sp. Int. of Blanka Sedlacek*

4:30 pm - *Sp. Int. of Frances Watson*

**Sunday, August 13**

**19th Sunday in Ordinary Time**

8:30 am - Pro-Life Intentions

10:30 - Parishioners

**Monday, August 14**

***St. Maximilian Kolbe***

9:00 am - † Shi - Chian & Le - Chido

**Tuesday, August 15**

***The Assumption of the BVM***

9:00 am - *Sp. Int. of Bishop Gary Franken & Parents*

**Wednesday, August 16**

9:00 am - *Sp. Int. of Blaise Wong*

**Thursday, August 17**

9:00 am - *Sp. Int. of Peter Novak*

**Friday, August 18**

9:00 am - † Paterno Millare Jr.

**Saturday, August 19**

9:00 am - *In Honour of St. Philomena*

4:30 pm - † David Kritzwiser

**Sunday, August 20**

**12th Sunday in Ordinary Time**

8:30 am - *Sp. Int. of Vanessa & Terence Chung*

10:30 - Parishioners



**The Assumption of the Blessed Virgin Mary**

## SUNDAY REFLECTION

Visitors to the Holy Land like to take a boat ride across the Sea of Galilee, the sea on which Jesus walked. A certain tourist wanted such a ride, and the boatman told him the fare was fifty dollars. "Fifty dollars!" exclaimed the tourist, "No wonder Jesus walked!"

A proper understanding of the gospel story of Jesus walking on the sea has a lot to teach us about who Jesus is, but also about the church in its journey through the world, and about the life of faith of the individual believer. The miracle story of Jesus walking on the sea, together with the one that goes before it, the multiplication of loaves, shows that Jesus is Lord and has authority over all forces natural and supernatural. The Jews believed that the sea was the domain of supernatural demonic forces. A rough and stormy sea was regarded as the work of these hostile spirits.

By walking on the raging waves and calming the stormy sea Jesus is showing himself to be one who has power and total control over these hostile spiritual forces. The calming of the storm is not concerned with the conditions of the water but of the universe. Throughout the bible the sea often stands as a symbol of the powers of evil in combat with God.

Matthew presents Jesus' action as a cosmic battle with evil, and Jesus' relationship with his disciples is also emphasized in the story. They follow him into the boat, into the struggle with evil. Matthew intends that his community see themselves in the boat voicing their fears to the risen Lord. We should place ourselves in the boat as well, so that in our struggle with evil we can hear Jesus' response: "Why are you afraid, you of little faith?"

Today's gospel brings us the good news that these powers of darkness stand no chance at all when Jesus is present and active in our lives and affairs. Peter acts as the representative of what belonging to the church means. He knows that he is called to follow Christ. So, when he sees Jesus walking on the water, he asks permission to do the same. Yet Peter is not a perfect disciple. When he sees the strength of the storm he doubts and begins to sink. Jesus pulls him up and uses Matthew's gentle rebuke to failing disciples "You of little faith" (14:31).

Through Peter, Matthew has shown us what it is to be a disciple. We will doubt and will need to be pulled up by Jesus time and again. But we also share in the dignity and power of Jesus. When united to the risen Lord, we too can walk on water.

*Fr. Joseph*

## **ST. ANTHONY'S PARISH MINISTRY LEADERS MEETING**

Fr. Gomes would like to invite you to our parish leaders' meeting on **August 17 at 7 pm**. This meeting is for all the leaders of our parish groups, ministries and organizations.

During this meeting, we will discuss our plans for the upcoming year and how we can evangelize and bring people close to God.

Please RSVP. Sign up sheets will be available in the vestibule!

Hope to see you there!



# News in and around the Parish

## ST. ANTHONY'S PREP

### PREP REGISTRATION

It is time to register for the next year of PREP starting on

**Wednesday, September 20th**

The goal of PREP is to assist parents in the religious education of children attending public schools in Grade 1- 7 and to prepare them to receive the Sacraments of Reconciliation and the Eucharist in Grade 2 and Confirmation in Grade 7.

For more information please contact us at  
[prep.sawv@rcav.org](mailto:prep.sawv@rcav.org)

### SHARE YOUR FAITH!

The Church needs you!

Our Religious Education Program is in need of  
**Catechists & Assistant Catechists.**

We are calling for dedicated people who would like to share the faith and foster the love of Christ in the hearts of children.

Training and support provided... God doesn't call the equipped, but He equips the called.

Grow in your own knowledge and faith-teaching is learning twice!

Please contact the parish office at  
604-926-6881.

## PROJECT ADVANCE 2023

### Empowering our Parish Vision

With gratitude, we thank everyone who has donated to Project Advance this year. As a result of your generosity our parish has raised \$41,680. This total comes from 72 (17%) of our parish's 436 registered individuals and families. We have now met our diocesan goal, which is our parish's contribution to the important works undertaken by our archdiocese. The additional funds raised this year will now fund our own parish projects.

We still have a long way to go to reach our goal of \$125,000. To strengthen our community, we would love to have 100% participation from our parishioners. We believe our financial goal is attainable if all our parishioners donate in accordance with their own personal circumstances.

Our Sunday offerings normally will cover the day-to-day operating expenses of our church but for special projects and up-grades to our church and rectory we depend on the funds raised by Project Advance.

If you have not yet donated, please take some time to prayerfully consider a donation to this year's Project Advance appeal. Please remember that every gift regardless of the amount is important and makes a difference. Every donation is gratefully received.

Donations can be made through the parish office or online at [projectadvance.ca](http://projectadvance.ca). Further information regarding Project Advance can be found on the parish website under the "Catholic Vancouver" and then the "Giving" buttons.

Our way forward as a parish begins with your generosity to help grow and strengthen our parish and our local Catholic community. We are grateful for your support.

May God bless everyone.

### Join us for our annual summer

#### Parish Picnic

SAVE THE DATE!

**SUNDAY, SEP 3<sup>RD</sup>  
AT 6 PM**



### CATHOLIC STREET MISSIONARIES

Help us make this summer a little cooler for the homeless by donating bottled water to Catholic Ministry Missionaries! If you like to make another sort of donation, cereal bars are also welcome.

Please drop off your donation at the parish office .

Thank you for your support!



### SAVE THE DATE!

Alpha at St. Anthony's is coming this October!

Who will you invite?

Do you want to volunteer to help?

Join us on

**TUESDAY, AUGUST 29 AT 7 PM**  
for a come & see session!  
Stay tuned for more details.

**THE ALPHA  
COURSE**

Alpha

# News in and around the Parish

## INCREDIBLE INDIA

**JAN 11 – JAN 27, 2024**



Are you ready for an unforgettable adventure? Join Fr. Gomes on a trip to India, where you will explore the rich culture, history and beauty of this amazing country. You will visit New Delhi, Rajasthan, Cochin, Goa (home of the incorrupt remains of Saint Francis Xavier) Kolkata (Mother Teresa's Tomb), Agra, and see the stunning sights such as the Taj Mahal.

**All for CAD \$6300.**

Package includes: airfare, accommodation, transportation, taxes, all meals, and guided sightseeing as per itinerary.

\*tips of USD\$120 not included

Deadline for registration

**Oct 11, 2023**

For more information contact  
Royal Orchid Tours at

778-999-4599 or at

[info@royalorchidtraveltours.com](mailto:info@royalorchidtraveltours.com).

## DOOR'S OPEN COLLECTION

**FRIDAY, AUGUST 18, 11:00 AM**

The next Door's open collection will be on August 18th. Please drop off your donation at the parish office before 11 am.

*Thanks for your generosity.*



## ST. PHILOMENA PRAYER GROUP

**SATURDAY, AUGUST 19, 9:30 AM**

You are most welcome to join us in the Hobson Room for prayer.

*St. Philomena, pray for us!*



## PILGRIMAGE TO THE GROTTO OF OUR LADY OF LOURDES SAT, AUGUST 19<sup>TH</sup>

Marian Pilgrimage to the Grotto, Mission, BC. Archbishop Michael Miller, CSB - Mass Celebrant.  
Email [info@aquinasinstitute.ca](mailto:info@aquinasinstitute.ca) for details.

## "WHO AM I?" – A TWO-WEEKEND PRH WORKSHOP SAT, AUG 19 - 27<sup>TH</sup>

This workshop will help you:  
Discover the richness within yourself, improve your relationships: family, friends, workplace ministry, and find greater solidity in decision-making.

"Who Am I?" will take place at the John Paul II Pastoral Centre on August 19, 20, 26 and 27. Learn more at [beholdvancouver.org](http://beholdvancouver.org).

## AUGUST ARCHDIOCESAN EVENTS

**The Life Shared Series** - A three-part series by Alpha, Life Shared is designed to encourage and equip everyone in the church to share their faith.

This August, Eric Chow, Proclaim Director, will be hosting the series online, on August 16, and 23.

**[Sign-up for the Online Series](#)**

**Proclaim Podcast** - Eric and Fr Justin Huang from St Anthony of Padua discuss how the Sabbath strengthens our missionary efforts. Perfect timing for August!

**[Listen to this Proclaim Podcast episode](#)**

## Volunteer for Upper Room, Sept 23 2023

If you've attended Upper Room before, you know that it can be a powerful moment for those attending. Volunteering can be a way to be part of our mission.

<https://upperroom.rcav.org/>

## WORLDWIDE MARRIAGE ENCOUNTER

Rekindle the romance, remind yourselves why you fell in love and learn how to make a good marriage even better! WWME is offering a weekend marriage retreat this fall.

**Oct. 27-29, 2023.**

For more information email Randy and Elizabeth from our parish at [reholman@telus.net](mailto:reholman@telus.net)  
**Early bird special before Sept. 5.**  
Registration closes Oct. 17, 2023

You both deserve it!

**[Click HERE to register](#)**

