

ST. ANTHONY'S PARISH

West Vancouver

Pastor: Fr. Gary Franken

Priest In Residence: Fr. Craig Scott

Parish Deacon: Mr. Tony Gray

PREP coordinator:

Sr. Angela Marie Castellani, FSE

Accounting: Isabella Raynard

Adm. Assistant: Cleiser Oliveira

Sunday Mass Schedule

Sat: 4:30 pm

Sun: 8:30 am, 10:30 am

Weekday Mass Schedule

Mon- Sat: 9:00 am

Tue & 1st Friday: 6:30 pm

Live Streamed Masses

Tue: 6:30 pm & Sun: 10:30 am

Live Streamed Masses [Link](#)

Confession Schedule

Mon-Sat: 8:30 - 8:50 am

Sat: 3:30 pm - 4:15 pm

Adoration

Thu: 5:30 pm - 8:00 pm

Fri: 9:30 am - 4:00 pm

1st Friday 9:30 am - 4:00 pm &

7:00 pm to Saturday 8:00 am

Sign-up sheets located in vestibule

Benediction:

Thu: 8:00 pm & Fri: 4:00 pm

1st Friday : 4:00 pm and the following morning at 8:00 am

2347 Inglewood Ave., West Van

Tel: (604) 926-6881

Email: parish.sawv@rcav.org /

www.stanthonywestvan.com

Office Hours:

Mon - Fri: 9:30 am - 4:00 pm

Closed for lunch 12:00-12:30 pm

Online Giving Offertory -

to donate please click [Here](#)

December 4, 2022

Second Sunday of Advent

A most heartfelt thank you to everyone who helped at the dinner for Father Gary on Saturday. Cooking, setting up, washing dishes, serving food and drinks, helping people find seats, washing tablecloths, entertaining and giving speeches - the list goes on! So many people worked behind the scenes, and to you all we are so grateful! This was truly a St. Anthony's Parish team effort as we say to Father Gary, "Thank you! We will miss you. God bless in all that happens next!"

The Planning Committee



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CHRISTMAS SCHEDULE

Saturday, Dec 24: 4:30 pm & 12:00 am (Midnight Mass)

Sunday, Dec 25 - 8:30 am & 10:30 am

Advent events at St. Anthony's

MASS INTENTIONS

Saturday, December 3

St. Francis Xavier

9:00 am - † Gina Charles

4:30 pm - † Mathew Morris

Sunday, December 4

8:30 am - PARISHIONERS

10:30 am - *Sp. Int. of Alex McLennan*

Monday, December 5

9:00 am - † Peter Ward

Tuesday, December 6

St. Nicholas

9:00 am - † John Wong

Wednesday, December 7

St. Ambrose

9:00 am - *Sp. Int. of JoAnn & Leo Cullen*

Thursday, December 8

The Immaculate Conception of the BVM

9:00 am - Pro Life intentions

Friday, December 9

St. Juan Diego

9:00 am - *Sp. Int. of Marg Dumont*

Saturday, December 10

Our Lady of Loreto

9:00 am - *Sp. Int. of Lucas McLennan*

4:30 pm - † Tony Danahut

Sunday, December 11

8:30 am - † Barbara &

Anthony Markwick

10:30 am - PARISHIONERS

SUNDAY REFLECTION

We know many things about John the Baptist, agent of God, proclaimed a baptism of repentance, prepared the way of the Lord. In today's gospel we learn John the Baptist was no gourmet. He followed a diet that would make you choke—locusts and wild honey. Food was not in great supply in the wilderness, John could have packed a lunch!

Why is it that he ate these particular foods, and why are the scriptures so concerned to point them out? Nothing is in the scriptures by accident. Think about John's diet, we learn more about him and ourselves. Locusts and honey have a history in the bible. One of the nine plagues of Egypt was a plague of locusts. The prophet Joel foretells of a plague of locusts coming to Israel. Locusts have a negative connotation, represent ruin, upheaval, loss and pain.

John the Baptist does not flee from locusts, he eats them! It is an invitation for us to admit the evils in our life. When an evil thing happens to us, we deny it. Denying evil actually intensifies it. When we flee from pain and discouragement, it follows us, wears us out. We are called to honesty.

Locusts don't complete a meal, John also eats honey. Honey is the flavour of God's word. God gives Ezekiel a scroll with the word of God written on it and tells Ezekiel to eat it. When the prophet eats it, it is as sweet as honey. The Psalmist tells us that God's word, God's law, is like honey on the tongue. God is real, trusted, our savior and healer. It is only through the sweetness of God's presence that we heal, and we hope.

John the Baptist's diet is locusts and honey - honesty and faith. If we try to live our lives only with honesty, it is not enough. Honesty can lead to discouragement without faith. Turn to the sweetness of God's presence and claim the God who is with us, we can face the future with hope.

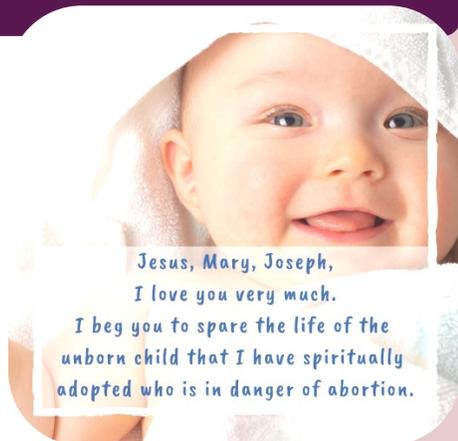
Today's gospel invites us to adopt the diet of John the Baptist. It is important that we adopt all of it. Are you discouraged, hurt, or grieving? Claim it, admit it. Say, yes, this is who I am. Turn to the sweetness of God's presence, it is His presence that will encourage and heal you.

When evil strikes, don't deny it, or run away. Like John the Baptist eating locusts, take it in. But then be sure to mix it with faith. Loss and pain cannot be carried without God's presence. Locusts cannot be digested without the honey of God's word.

Fr. Joseph

ST. ANTHONY'S PARISH SPIRITUAL ADOPTION

Please join the Parish Pro Life Committee in embarking on a nine-month spiritual adoption prayer journey. Starting December 8th (Solemnity of the Immaculate Conception), and concluding on September 8th (the Nativity of the Blessed Virgin Mary), you are invited to join us in spirit by praying a single decade of the Rosary each day, along with a brief adoption prayer by Blessed Archbishop Fulton Sheen. Prayer cards will be available at the parish. If you are interested in seeing the contents of the North Shore Pro-Life Society's latest newsletter they are available downstairs by the parish office.



Advent events at St. Anthony's

PROJECT ADVANCE 2022

"Carry each other's burdens and in this way, you will fulfill the law of Christ" Galatians 6: 2

"One gives freely, yet grows all the richer; another withholds what he should give and only suffers want." Proverbs 3: 9-10

December marks the final opportunity to contribute to our parish's Project Advance 2022 Appeal. Our Sunday offerings will normally cover the day-to-day expenses of our parish.

Project Advance allows us to contribute to works of service of our Archdiocese and to our own parish projects which strengthen our community of faith and improve our church.

As a community, we thank our donors to date for their generosity and we ask everyone to prayerfully consider a gift to this year's Appeal. Donations can be made online through projectadvance.ca, through the Sunday collection, at the parish office or at the table in the vestibule following each Mass this weekend.

Every gift is very much appreciated and gratefully received.

May God Bless everyone.



EPISCOPAL ORDINATION OF FATHER GARY FRANKEN

Father Gary Franken will be ordained a Bishop on Monday, December 12, at 2:00 pm MST (1:00 pm PST) at St. Paul Cathedral in St. Paul, Alberta. The ordination will be live streamed and we invite you to join us at St. Anthony's Parish Hall at 1:00 pm. We will be united with him at this special moment.

Hope to see you there!



ST. ANTHONY'S PARISH BLUE LIGHTS

Would you like to help beautify the church for the Advent season by installing blue lights in the gardens and at the front entrance? If so, please contact Winfred if you can help out after the 10:30 Mass this Sunday. winfred@telus.net or 778-835-6890



URGENT

UKRAINIAN FAMILY IN NEED

St. Anthony's is looking to provide accommodation for a Ukrainian refugee family (a mother and her two children 6 and 8 years old).

They are living temporarily with a family but they need a bigger unit. The kids enrolled at Irwin Park Elementary and they are adapting nicely.

Please contact Gloria Lowe at 604-488-4431 or the Parish Office at 604 926 6881

if you are able to provide short-term or long-term accommodation for this family.

CHRISTMAS CRAFT FAIRS!

St Anthony's Craft Group will be also selling items on **DECEMBER 3RD AND 4TH** after the weekend Masses.



SECOND COLLECTION: YOUTH MINISTRY

FIRST SUNDAY IN DECEMBER

Youth Ministry to support Archdiocesan youth programs. 50% is returned to the parishes for their youth programs.

[TO DONATE CLICK HERE](#)

Parish and Archdiocesan events

THE GIVING TREE— ADVENT

During this 2021 Advent Season, St Anthony's Parish will give parishioners the opportunity to make Christmas "happy" for many needy people.

In our church foyer, you will find a Giving Tree with a variety of paper ornaments on it. If you wish to collaborate please follow the steps below:

- choose one or more ornament and take them home;
 - purchase NEW items;
- Attach the paper ornaments to the gifts.
- return the gifts UNWRAPPED and place them in the box next to the Giving Tree.

All gifts will be delivered by December 24th 2021.

Thank you and may God bless you!



FUNERALS AT ST. ANTHONY'S

It's with great sadness that we inform you the following funerals at St. Anthony's.

- Meryl Jelenski - Nov 24th
- James Rust - Nov 29th
- Doris Mobius - Dec 3rd

Our deepest condolences and prayers for the families.

FIRST FRIDAY ADORATION

Dec 2, at 7:00 pm to Sat 8:00 am

Monthly All Night Vigil



ST. THOMAS AQUINAS SCHOOL CORNER

• SEASONS GREETINGS!

You are cordially invited to the St Thomas Aquinas High School's Speech Arts Showcase to be held at 9.45 am on Thursday, 15 December.

Each year, students write and deliver speeches on grade specific topics or genres during their English classes. From these rich offerings, a few are selected from each grade to be presented to the school community.

Please join us in celebrating our students' creative efforts as we support them in developing their own voices. Please RSVP to sawdon@aquinas.org
We hope to see you there!

WATER IN THE DESERT: ADORATION AND WORSHIP

Water in the Desert is a monthly Adoration evening at Christ the Redeemer Parish. Spend an hour with Jesus in the Blessed Sacrament. Beautiful praise and worship music and a testimony from a parishioner will help you reflect and pray during this peaceful evening on

Saturday, Dec. 17, from 7:00 p.m.

"Lost & Found" coffeehouse will be open after for those who wish to stay and socialize. Learn more at beholdvancouver.org/events.



STEWARDSHIP REFLECTION

"Therefore, every tree that does not bear good fruit will be cut down and thrown into the fire." Matthew 3:10

Do you bear good fruit for Jesus? Do you spend time in prayer or do you waste it with mindless activity? Do you use your talent to help others or are you too busy? Do you use your treasure to support the Church or do you buy more things that go unused. Our time, talent and treasure are gifts from God. What we do with these gifts is our gift back to Him. What gifts are you planning to give to the Lord during this upcoming Christmas season?