

ST. ANTHONY'S PARISH - Archdiocese of Vancouver

8th SUNDAY ORDINARY TIME March 3rd, 2019

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“A good man draws what is good from the goodness in his heart; a bad man draws what is bad from the store of badness. For a man's words flow out of what fills his heart.”

Today's Gospel passage is one which is going to be difficult for us to accept because we may be inclined to question whether the teaching is true that we can only say good things if we are good ourselves.

Our ability to speak is a powerful and dangerous tool. It allows us to communicate with each other in ways that are often creative and subtle. We have only to think of the beauty of fine literature and the penetrating brilliance of the writings of great thinkers down the ages. It is language that allows us to express what we intuit and what we feel. It is also language that can enable us to come to realise some truth or feel some emotion as we follow through an argument or read a moving story.

On the other hand, we know all too well how we use language to manipulate others to our own ends and often to their harm. We can use language purely to destroy or undermine. And in this darker side to our gift of speech we can place the power of language to conceal, as we lie and flatter. Our language allows us, moreover, to reprove and criticize the actions of others, even though we ourselves are as guilty as they, or even to encourage and advise them to do things that we do not do ourselves.

This negative side of our language, in which what we say is often far removed from who we are or what we do, makes us feel uncomfortable with a Gospel that tells us that we should look for and remedy the faults in our own lives before we set about the imperfections of others.

The Gospel aims not merely to reprove us for our hypocrisy or to deny that we should speak for the good of others, even if we ourselves are not good. Rather it sets out a vision of the integrity between who we are and what we say, which is not merely for the good of others, but also for our own good. It tells us that we should cultivate goodness in ourselves - that we should be concerned for our own spiritual and moral welfare, if we are to be certain of helping others and if we are to realise our own full potential.

It is also good for us, because a harmony between all the elements of our lives brings us closer to the harmony that exists within the Godhead and raises us further into the dignity which God intends for us. Disharmony between who we are and what we say may lead to limited good, but harmony holds out the promise of the supreme good that is God Himself.

Fr. Joseph

FRUIT OF THE SPIRIT

love,
joy,
peace,
patience,
kindness,
goodness,
faithfulness,
gentleness,
and self-control



Galatians 5:22-23

SUNDAY MASS SCHEDULE

Saturday: 5:00 PM;
 Sunday: 9:00 and 11:00 AM.

DAILY MASS SCHEDULE

Monday to Friday: 8:00 AM;
 Saturdays & *Public Holidays*, 9:00 AM.

CONFESSIONS

Mon - Fri: before 8 AM Mass;
 Sat: 9:30 AM & 4:15 - 4:45 PM.

MASS SCHEDULE & INTENTIONS

SUN	March 3 rd 8 th Sunday in Ordinary Time	9:00 AM 11:00 AM	FOR PARISHIONERS
Mon	March 4	8 am	† Hernando † Lucy TORRES
Tue	March 5	8 am	† Peter Foo
Wed	March 6 Ash Wednesday	8 am 6:30 PM	† Ed Hauser † Raymond Horry
Thu	March 7	8 am	† Gina Charles
Fri	March 8	8 am 7:00 PM	† John † Margaret MICALLEF † Jack Hanvey
Sat	March 9	9 am 5:00 PM	<i>Sp. Int. Maria Micallef</i> † Mulej † Skumavec Families
SUN	March 10 th 1 st Sunday in LENT	9:00 AM 11:00 AM	<i>Sp. Int. Lorna Dalinghaus</i> FOR PARISHIONERS

ST. ANTHONY'S SCHOOL
 (604) 922-0011; office@saswv.ca
S. T. A. HIGH SCHOOL
 (604) 987-4431

Catholic Cemeteries are a link
 between the living & the departed.
 Visit: rcavv.org



DATE	Sat. March 9 th : 5PM	Sun. March 10 th : 9 AM	Sun. March 10 th : 11 AM
HOSPITALITY	GLORIA LOWE CLAUDIA ISLAS	KATHY NG HANAN HADDAD	JOANN CULLEN LORNA DALINGHAUS
LECTOR	GLORIA LOWE	IVY WEI	DANTE AGOSTI-MORO
EMHC	FR. M ^C CARTHY	FR. M ^C CARTHY	FR. M ^C CARTHY
SOCIAL HOSTS	◊	JOLANTA LA SALLE	JULIE BARTLETT

St. Anthony's **Parish Religious Education Program (PREP)**: Every Wednesday for students in Grades 1 - 7 not attending Catholic Schools. For other Sacramental Information, phone the Parish Office or email: parish.sawv@rcav.org.



ADORATION AND BENEDICTION

First Sunday, March 3rd and Every Sunday during Lent from 6:00 PM with Benediction at 7:00 PM;

“So, could you not watch with me one hour?” (Matthew 26:40)

CATHOLIC FAITH in Plain English
Monday, March 4th, 11 AM in the Hall.
"DIVISIONS AMONG CHRISTIANS"
Catholics & non-Catholics, **WELCOME!**
Attend, even for just a few sessions.

The Catholic Faith
In Plain English



DINNER @ CHIPOTLE

Monday, March 4th, between 5 PM & 9 PM

Make dinner a selfless act by supporting a school fundraiser. Come to Chipotle, #879 Park Royal North and 33% of your purchase will be donated to St. Anthony's School.

PANCAKE BREAKFAST @ ST. ANTHONY'S

Shrove Tuesday, March 5th, after the 8:00 AM Mass.
EVERYONE WELCOME!

To help us prepare, please write your Name on the Sign-up Sheet in the Vestibule to determine numbers.
Shrove, from the word "shrive" means to obtain absolution for one's sins by way of Confession and doing Penance.

FROM THE PASTOR'S DESK . . .

Welcome to Lent! This Wednesday is *Ash Wednesday* and we begin our 40-day journey with Jesus in the desert facing temptation, through to His cross, death and then His resurrection on Easter.

Our Ash Wednesday Masses are at 8 AM & 6:30 PM.

A reminder about Ash Wednesday and also for Good Friday: they are days of fasting and abstinence in solidarity with our Lord - and with all the suffering members of the Body of Christ throughout the world.

Abstinence from meat is asked of all Catholics after their 14th birthday; *fasting* is obligatory after one has turned 18 until after turning 59, but people younger and older other than the ages mentioned above are encouraged to do what abstinence and fasting is fitting according to their health.

In Canada, all Fridays are days of penance, with abstinence as the suggested penance, other than Good Friday when it is mandatory (*see above*).

Abstinence can be substituted by another penitential process or charitable work. (Many people with religious calendars from the USA may be confused by this as there is no indication of being able to substitute another work). Our giving up of food is complemented by our good works and prayer, making our Lent a gift of ourselves to God and neighbor.

Fr. Gary



NEXT WEEKEND
March 9th & 10th
Special Collection
"St. Joseph's Society"

PARISH MISSION: MARCH 11th – 13th

"Opening the Door of Your Heart"

Fr. John M^cCarthy, former pastor here from 1997-2004 is preaching on the weekend of March 9th and 10th, then for the following three evenings, starting with Mass at 7 PM.
Everyone is welcome, bring a friend!

WHAT ARE YOU DOING FOR LENT? GIVING UP CHOCOLATE?

That's good! How about committing to prayer for the dignity and the sanctity of human life. Most of our social ills can be attributed to the loss of the sense of the value of human life.

Let us pray for society to have a conversion of hearts and minds concerning the dignity of the human person.

Pick up a card and commit to prayer for 40 days.

40 days of Lent. 40 Days for Life!

March 6th - April 14th

♦ St. Anthony's Parish Vigil Date: March 19th: 7 AM - 7 PM.

Father Larry



STEWARDSHIP REFLECTION . . .

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit." Luke 6:43

Are you using your God-given gifts in the way God intended? Do you compare yourself to others and complain about what you don't have instead of being thankful for what you do have? God gives each of us unique gifts and a unique plan.

Listen to how God is calling you to use your gifts, to bear good fruit, for the glory of his name.

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FREEDOM 2019

Friday, March 8th, 7 PM, St. Clare of Assisi, Coquitlam
Freedom, the *Annual Reconciliation Event For Youth*.

Participants will experience first-hand the healing power of Christ through Music, Prayer, Testimonies and Teachings, the Sacrament of Reconciliation, and Adoration.

LENTEN DAY OF REFLECTION

Saturday, March 9th, 9 AM, Christ Redeemer Parish

Seek God's healing for the wounds of your past through a contemplation to obtain God's love.

Cost: \$20 (includes lunch). Register: rcav.org/courage.
Sponsored by the *Courage and EnCourage Ministries*.

SLEEP OUT 2019

March 15th, 7 PM, St. Mary's, Vancouver

To raise awareness and funds for those experiencing homelessness. We will start with Mass followed by an opportunity to learn more about Catholic Street Missionaries.

We will end with the next day's breakfast.

Register: <http://sleepout2019.eventbrite.ca>

DAY OF RECOLLECTION: MARCH 23rd

"What's God Calling Me To Do With My Life"

For Single Men, 18+: 10 AM - 3 PM @ JPII Pastoral Centre in Vancouver with Archbishop Miller.

Phone: (604) 443-3254.

For Single Women, 18-35: 12 - 3:30 PM @ FSE Convent, 2811 Venables St. Vancouver.

Email: womensvocations@rcav.org.

THEOLOGY OF THE BODY @ ST. ANTHONY'S

March 26th - June 18th from 9:30 - 11:45 AM

St. Anthony's Parish is hosting St. John Paul II's Theology of the Body.

Instructor, Fr. Alan Boisclair, BA, Mdiv, STL

Light Breakfast Available

8:45 - 9:15 AM in the Parish Hall.

Register: 604-683-0281 or tob@rcav.org;

Online Registration: rcav.org/TOB.